

Implementation Plan for Reopening

In Accordance with the Pennsylvania Department of Health's Interim Guidance for Skilled Nursing Facilities During COVID-19

This template is provided as a suggested tool for skilled nursing facilities to use in developing their Implementation Plan for reopening. This (or another version of an Implementation Plan) is to be posted on the facility's website (if the facility has a website) or available to all residents, families, advocates such as the Ombudsman and the Department upon request. This is NOT to be submitted to the Department.

FACILITY INFORMATION	
This section contains the name and location of the facility along with contact information for an individual designated by the facility. That individual does not have to be the Nursing Home Administrator but should be someone available to respond to questions regarding the Implementation Plan.	
1. FACILITY NAME	
Crestview Center	
2. STREET ADDRESS	
262 Tollgate Road	
3. CITY	4. ZIP CODE
Langhorne	19047
5. NAME OF FACILITY CONTACT PERSON	6. PHONE NUMBER OF CONTACT PERSON
Troy Long, NHA	267-757-4000

DATE AND STEP OF REOPENING
The facility will identify the date upon which all prerequisites will be met for reopening and the Step at which the facility will enter reopening. Those facilities that experienced a significant COVID-19 outbreak will identify the date the Department of Health survey was conducted (that is required prior to reopening).
7. DATE THE FACILITY WILL ENTER REOPENING
7/6/2020
8. SELECT THE STEP AT WHICH THE FACILITY WILL ENTER REOPENING – EITHER STEP 1 OR STEP 2 (CHECK ONLY ONE)
<div style="margin-bottom: 10px;"> <input checked="" type="checkbox"/> Step 1 <i>The facility must meet all the Prerequisites, including the baseline universal test for COVID-19 administered to staff and residents (in accordance with the June 8, 2020, Order of the Secretary of Health)</i> </div> <div> <input type="checkbox"/> Step 2 <i>The facility must meet all the Prerequisites, including the baseline universal test for COVID-19 administered to staff and residents (in accordance with the June 8, 2020, Order of the Secretary of Health)</i> AND <i>Have the absence of any new facility onset of COVID-19 cases for 14 consecutive days since baseline COVID-19 testing</i> </div>
9. HAS THE FACILITY EXPERIENCED A SIGNIFICANT COVID-19 OUTBREAK? (IF NO, SKIP TO #11)
Yes.

10. DATE THE FACILITY WAS SURVEYED BY THE DEPARTMENT OF HEALTH TO ENSURE THE FACILITY IS ADEQUATELY PREVENTING TRANSMISSION OF COVID-19

July 2, 2020

STRATEGY FOR TESTING, COHORTING, PERSONAL PROTECTIVE EQUIPMENT, AND STAFFING

To ensure the facility has taken appropriate measures to protect residents and staff, descriptions of those strategies are required in this section (prerequisites to reopening).

11. DATE RANGE FOR THE BASELINE UNIVERSAL TEST ADMINISTERED TO STAFF AND RESIDENTS (BETWEEN MAY 24, 2020 AND JULY 24, 2020) IN ACCORDANCE WITH THE JUNE 8, 2020, ORDER OF THE SECRETARY OF HEALTH

June 8, 2020 to June 9, 2020

12. DESCRIBE THE CAPACITY TO ADMINISTER COVID-19 DIAGNOSTIC TESTS TO ALL RESIDENTS SHOWING SYMPTOMS OF COVID-19 AND TO DO SO WITH 24 HOURS

We have capacity to complete diagnostic tests to all residents showing symptoms of COVID-19 and to do so within 24-hours. We currently have several contracts with labs to provide these services.

13. DESCRIBE THE CAPACITY TO ADMINISTER COVID-19 DIAGNOSTIC TESTS TO ALL RESIDENTS AND STAFF IF THE FACILITY EXPERIENCES AN OUTBREAK

We have capacity to complete diagnostic tests to all residents and staff if the facility experiences an outbreak..

14. DESCRIBE THE CAPACITY TO ADMINISTER COVID-19 DIAGNOSTIC TESTS TO ALL STAFF, INCLUDING ASYMPTOMATIC STAFF

We have capacity to complete diagnostic tests to all staff, including asymptomatic staff.

15. DESCRIBE THE PROCEDURE FOR ADDRESSING NEEDED TESTING OF NON-ESSENTIAL STAFF AND VOLUNTEERS

We do not plan on utilizing volunteers at this time. Non-essential staff will be required to test bi-weekly.

16. DESCRIBE THE PROCEDURE FOR ADDRESSING RESIDENTS OR STAFF THAT DECLINE OR ARE UNABLE TO BE TESTED

Staff that refuse testing on a case-by-case basis. Testing is a requirement of employment and refusal of testing may be taken as an employee's voluntary resignation. Residents have the right to refuse testing and will be educated on the importance of testing. Refusal and continued refusals by a resident will be documented in the resident's medical record.

17. DESCRIBE THE PLAN TO COHORT OR ISOLATE RESIDENTS DIAGNOSED WITH COVID-19 IN ACCORDANCE WITH PA-HAN-509 PURSUANT TO SECTION 1 OF THE *INTERIM GUIDANCE FOR SKILLED NURSING FACILITIES DURING COVID-19*.

Center has an Admissions Quarantine Unit (AQU or yellow) for any patient who newly admits or readmits from the hospital. The AQU can also have, but not required, patients who frequently go out to appointments (ie, Dialysis, Chemotherapy, Radiation, etc). Patients will be tested twice on the AQU to confirm negative status and after 14 days of being asymptomatic and negative testing, resident will be moved to one of our green units. If we receive a positive test result, resident will be isolated according to PA-HAN-509 along with their roommate, if applicable. Room changes must be made urgently, as soon as discordant COVID-19 status between roommates is recognized. Multi-purpose spaces can and should be used to temporarily house residents until more permanent cohorting and room changes can be made. Center Leaders are prepared to effect room changes on any shift. Staff on all shifts are to understand and be able to apply and explain the cohorting decisions. Residents who are confirmed positive can share a room with a confirmed positive on another unit. Residents who test negative can share a room with other recently tested negative residents on the same unit or another unit. Recovered residents (whose COVID-19 has resolved according to the Genesis Guidance "COVID Recovered Patients: Discontinuing Transmission-Based Precautions, Cohorting, Room

Assignments and Follow-Up”) may be cohorted with other residents whose disease has resolved, with residents who tested negative.

18. DESCRIBE THE CURRENT CACHE OF PERSONAL PROTECTIVE EQUIPMENT (PPE) AND THE PLAN TO ENSURE AN ADEQUATE SUPPLY OF PPE FOR STAFF (BASED ON THE TYPE OF CARE EXPECTED TO BE PROVIDED)

Center currently has adequate PPE and continuously pursues alternative avenues to procure additional supplies to maintain PAR levels. Center also has corporate support for procurement of PPE and company stockpile in case supplies at the center run low.

19. DESCRIBE THE CURRENT STAFFING STATUS AND THE PLAN TO ENSURE NO STAFFING SHORTAGES

Facility staffing has been maintained well above the minimum State requirement. Facility has an emergency staffing plan (attachment 1). Center is continuously recruiting to increase house staff and currently has an approved CNA class tentatively scheduled for late July 2020.

20. DESCRIBE THE PLAN TO HALT ALL REOPENING FACILITIES IF THE COUNTY IN WHICH THE FACILITY IS LOCATED IS REVERTED TO A RED PHASE OF THE GOVERNOR’S REOPENING PLAN

If Bucks County is reverted to a red phase, Crestview Center is prepared to move back to pre-opening status/restrictions until the county is returned to Yellow or Green, per the Governor’s reopening plan. Residents and Families will be notified of this change.

SCREENING PROTOCOLS

In each block below, describe the screening protocol to be used including where screening occurs, method of determining symptoms and possible exposure, and action taken if screening reveals possible virus.

21. RESIDENTS

COVID-19 UDA is completed for each resident twice daily. Residents who trigger for COVID-19 indicators are placed on Change of Condition and physician notified to determine if testing is indicated. Facility will use the Admissions Quarantine Unit (AQU), referenced above, to address the possible exposure risk from new admissions and readmissions. Additionally, any patients who leave the facility to attend frequent medically necessary appointments (ie, Dialysis, Chemotherapy, Radiation, etc) will be placed on patient specific precautions.

22. STAFF

Staff are assessed prior to entering the facility - staff temperatures are taken along with a series of questions. If any are outside normal, employees are not permitted to work. If an employee develops/displays symptoms during their shift, they will be asked to immediately cease patient care and leave the facility. Additionally, the center is universally testing the staff weekly until the center receives two consecutive weeks of house wide negative test results. Once Facility has two consecutive weeks of house wide negative test results, Facility will move to testing frequency of 1-4 weeks based on prevalence within the community. All staff are asked not to work if they are sick. See Attachment 2 for complete guide on testing intervals.

23. HEALTHCARE PERSONNEL WHO ARE NOT STAFF

Healthcare personnel who are not staff are assessed prior to entering the facility - staff temperatures are taken along with a series of questions. If any are outside normal, they are not permitted to work. Any Healthcare Personnel that develops signs or symptoms while in the facility are to immediately stop patient contact/care and leave the facility. See Attachment 2 for complete guide on testing intervals.

24. NON-ESSENTIAL PERSONNEL

Non-essential personnel are assessed prior to entering the facility - staff temperatures are taken along with a series of questions. If any are outside normal, they are not permitted to work. Any Non-Essential Personnel that develops signs or symptoms while in the facility are to immediately stop patient contact/care and leave the facility. See Attachment 2 for complete guide on testing intervals.

25. VISITORSOutside Visitation

Visitation will occur on the outside patio and scheduled in advance. Visitors are assessed prior to entering the facility visitation area - visitor's temperatures are taken along with a series of questions. If any are outside normal, they are not permitted to visit, follow-up with their Medical Provider and ask to reschedule their visit for a different date/time. In order to schedule a visit, visitors will need to be symptom free for 72 hours without the use of fever reducing medication and be 14 days post symptom onset.

Exceptional Visitation (End of Life)

Visitors are assessed prior to entering the facility - visitor's temperatures are taken along with a series of questions. If any are outside normal, they are not permitted to visit, follow-up with their Medical Provider and ask to reschedule their visit for a different date/time. Visitors that clear the screening process will be provided proper PPE necessary.

26. VOLUNTEERS

At this time we do not have volunteers entering the facility.

Communal dining is the same for all steps of reopening so there is no need to differentiate among the three steps.
27. DESCRIBE COMMUNAL DINING MEAL SCHEDULE, INCLUDING STAGGERED HOURS (IF ANY)
Communal dining will be permitted for asymptomatic residents on the Non-AQU units. There will be pre-scheduled times for the residents to sign up to utilize the dining rooms since each dining room can only support 7 residents per meal to allow for proper social distancing.
28. DESCRIBE ARRANGEMENT OF TABLES AND CHAIRS TO ALLOW FOR SOCIAL DISTANCING
Seating arrangements will be set-up so all residents will be 6 feet apart. Markers will be on the floor to indicate 6 feet to assure the furniture does not shift over time. Residents will be brought in and out of the room in a manner to maintain social distancing.
29. DESCRIBE INFECTION CONTROL MEASURES, INCLUDING USE OF PPE BY STAFF
Staff will continue to universally wear masks and goggles throughout the meal and assist residents, if necessary, with placing their mask in a brown bag while they eat.
30. DESCRIBE ANY OTHER ASPECTS OF COMMUNAL DINING DURING REOPENING
Residents will be required to wear face masks during transport to and from the dining room. See Attachment 2 for more details on communal dining.

ACTIVITIES AND OUTINGS

In each block below, describe the types of activities that will be planned at each step and the outings that will be planned at Step 3 (an all-inclusive list is not necessary). Include where they will be held

and approximately how many residents will be involved. Describe how social distancing, hand hygiene, and universal masking will be ensured. Also include precautions that will be taken to prevent multiple touching of items such as game pieces.

31. DESCRIBE ACTIVITIES PLANNED FOR STEP 1 (FIVE OR LESS RESIDENTS UNEXPOSED TO COVID-19)

Activities would be held in dining rooms that can only support 5-7 residents at a time due to social distancing requirements. Activities would include BINGO, floor specific resident council, exercise, random trivia, etc. (See Attachment 3)

32. DESCRIBE ACTIVITIES PLANNED FOR STEP 2 (TEN OR LESS RESIDENT UNEXPOSED TO COVID-19)

Due to the Center's Floor plan, space for more than 7 residents is not possible.

33. DESCRIBE ACTIVITIES PLANNED FOR STEP 3

Same as above to Question 32.

34. DESCRIBE OUTINGS PLANNED FOR STEP 3

Outings would only be permitted if COVID-19 is completely eliminated from the community to limit risk of resident exposure. Outings would be limited to the number of residents who could be transported while being socially distanced.

NON-ESSENTIAL PERSONNEL

In Step 2, non-essential personnel deemed necessary by the facility are allowed (in addition to those already permitted in Section 4 of *Interim Guidance for Skilled Nursing Facilities During COVID-19*). In Step 3, all non-essential personnel are allowed. Screening and additional precautions including social distancing, hand hygiene, and universal masking are required for non-essential personnel.

35. DESCRIBE THE LIMITED NUMBER AND TYPES OF NON-ESSENTIAL PERSONNEL THAT HAVE BEEN DETERMINED NECESSARY AT STEP 2

Clergy
Podiatry
Dentist
Optometrist
Audiologist
Pain Management
Psychology
Psychiatry
Barber/HairDresser
Wound Management

36. DESCRIBE HOW SOCIAL DISTANCING, HAND HYGIENE, AND UNIVERSAL MASKING WILL BE ENSURED FOR NON-ESSENTIAL PERSONNEL AT STEPS 2 AND 3

Anyone entering the facility is educated on social distancing, hand hygiene and universal masking upon entry. A handout with this information is also available at the front desk.

37. DESCRIBE MEASURES PLANNED TO ENSURE NON-ESSENTIAL PERSONNEL DO NOT COME INTO CONTACT WITH RESIDENTS EXPOSED TO COVID-19

Non-essential personnel will not be permitted on our Admission Quarantine Unit. These areas are clearly marked staging essential personnel only.

VISITATION PLAN

For visitation to be permitted in Steps 2 and 3 of reopening (as described in Section 6 of *Interim Guidance for Skilled Nursing Facilities During COVID-19*), the following requirements are established.

Screening and additional precautions including social distancing, hand hygiene, and universal masking are required for visitors.	
38. DESCRIBE THE SCHEDULE OF VISITATION HOURS AND THE LENGTH OF EACH VISIT	
Visitation would occur 10AM, 11AM and 1PM Monday through Friday. One visit would be allowed per time slot. If demand for visitation is higher, we would expand hours and suspend outside activities on that day. Visits would be 30-45 minutes each to allow time for proper cleaning and disinfecting.	
39. DESCRIBE HOW SCHEDULING VISITORS WILL OCCUR	
Activities will be the point of contact for scheduling of visits. The Activities Department will maintain the visitation schedule which will be communicated to residents, family and each unit. All families will be offered an opportunity to visit prior to families being able to schedule a 2nd visit.	
40. DESCRIBE HOW VISITATION AREA(S) WILL BE SANITIZED BETWEEN EACH VISIT	
Activities will sanitize all furniture and other areas that may have been touched during visitation. Activities will also assist with hand hygiene with residents.	
41. WHAT IS THE ALLOWABLE NUMBER OF VISITORS PER RESIDENT BASED ON THE CAPABILITY TO MAINTAIN SOCIAL DISTANCING AND INFECTION CONTROL?	
Center would be able to effectively manage up to 3 visitors at a time.	
42. DESCRIBE THE ORDER IN WHICH SCHEDULED VISITS WILL BE PRIORITIZED	
Scheduled visits will be prioritized for residents who may benefit the most from a visit from family and friends. Then visits will be scheduled based on family availability to come in.	
STEP 2	43. DESCRIBE HOW THE FACILITY WILL DETERMINE THOSE RESIDENTS WHO CAN SAFELY ACCEPT VISITORS AT STEP 2 (CONSIDERING SUCH SAFETY FACTORS AS EXPOSURE TO OUTDOOR WEATHER AND TRANSPORTING RESIDENT TO VISITOR LOCATION)
	Outside area is a covered porch which keeps residents out of the elements. In order to transport residents safely, at a minimum the resident must be able to sit in an upright position.
	44. DESCRIBE THE OUTDOOR VISITATION SPACE FOR STEP 2 TO INCLUDE THE COVERAGE FOR SEVERE WEATHER, THE ENTRANCE, AND THE ROUTE TO ACCESS THE SPACE
	Area is a patio outside the main front entrance which is covered. Residents would come down to the main reception area and exit the front doors and will be on the patio where visits take place.
	45. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING OUTDOOR VISITS
	Visits will be monitored to ensure that proper social distancing takes place. Center will also place markers on the ground to indicate 6 feet of separation.
	46. DESCRIBE THE INDOOR VISITATION SPACE THAT WILL BE USED IN THE EVENT OF EXCESSIVELY SEVERE WEATHER TO INCLUDE THE ENTRANCE AND THE ROUTE TO ACCESS THE SPACE
	Indoor space would be a last resort and would only be able to accommodate two visitors. Area that would be used is a large conference room (Hunt Lounge). Residents would travel the same to get to the conference room; Visitors would only be in neutral hallways where no resident rooms are located.
	47. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING INDOOR VISITS
	6 foot table would be utilized to ensure social distancing.
STEP 3	48. DESCRIBE HOW THE FACILITY WILL DETERMINE THOSE RESIDENTS WHO CAN SAFELY ACCEPT VISITORS AT STEP 3 (CONSIDERING SUCH SAFETY FACTORS AS TRANSPORTING RESIDENT TO VISITOR LOCATION)
	Same guidelines as above, however, residents who cannot safely transport to neutral zone will be permitted in room visits. In room visits will only be permissible if the resident is in a private room. Visitors will be required to wear proper PPE throughout the visit.
	49. WILL OUTDOOR VISITATION BE UTILIZED AT STEP 3? IF NO, SKIP TO QUESTION #52

	Outdoor visitation will be the preferred method of visitation.
	50. DESCRIBE THE OUTDOOR VISITATION SPACE FOR STEP 3 TO INCLUDE THE COVERAGE FOR SEVERE WEATHER, THE ENTRANCE, AND THE ROUTE TO ACCESS THE SPACE (IF THE SAME AS STEP 2, ENTER "SAME")
	Same
	51. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING OUTDOOR VISITS (IF THE SAME AS STEP 2, ENTER "SAME")
	Same
	52. DESCRIBE THE INDOOR VISITATION SPACE THAT WILL BE USED TO INCLUDE THE ENTRANCE AND THE ROUTE TO ACCESS THE SPACE (IF THE SAME AS STEP 2, ENTER "SAME")
	Same
	53. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING INDOOR VISITS (IF THE SAME AS STEP 2, ENTER "SAME")
	Same
	54. FOR THOSE RESIDENTS UNABLE TO BE TRANSPORTED TO THE DESIGNATED VISITATION AREA, DESCRIBE THE INFECTION CONTROL PRECAUTIONS THAT WILL BE PUT IN PLACE TO ALLOW VISITATION IN THE RESIDENT'S ROOM
	Visitors will wear PPE and rooms will be completely disinfected by housekeeping after visit.

VOLUNTEERS	
	In Step 2, volunteers are allowed only for the purpose of assisting with outdoor visitation protocols and may only conduct volunteer duties with residents unexposed to COVID-19. In Step 3, all volunteer duties may be conducted, but only with residents unexposed to COVID-19. Screening, social distancing, and additional precautions including hand hygiene and universal masking are required for volunteers.
	55. DESCRIBE INFECTION CONTROL PRECAUTIONS ESTABLISHED FOR VOLUNTEERS, INCLUDING MEASURES PLANNED TO ENSURE VOLUNTEERS DO NOT COME INTO CONTACT WITH RESIDENTS EXPOSED TO COVID-19
	Volunteers are not permitted to be utilized at this time.
	56. DESCRIBE THE DUTIES TO BE PERFORMED BY VOLUNTEERS DURING STEP 2
	Same as above

ATTESTATION

The Nursing Home Administrator (NHA) is responsible for the accuracy of the Implementation Plan and the facility's adherence to it. Upon completion of blocks 1-57, the Implementation Plan should be printed and the signature and date affixed by the NHA in block 58.

57. NAME OF NURSING HOME ADMINISTRATOR

Troy Long, NHA

58. ATTESTATION

I attest that the information provided in this Implementation Plan is an accurate representation of the facts and that this facility will adhere to the Implementation Plan as written. I further attest that the county in which this facility is located is in a Yellow or Green phase per the Governor's Reopening Plan. This Implementation Plan will be posted on our website (if one exists) or made available to all residents, families, advocates such as the Ombudsman and the Department upon request. This facility will progress to the next step of reopening only when the criteria is met as described in the *Interim Guidance for Skilled Nursing Facilities During COVID-19*. If at any point during reopening the facility fails to meet the criteria for reopening, I will ensure the facility ceases reopening immediately. Further, if at any point during reopening this facility is operating under a contingency staffing plan, I will ensure the facility ceases reopening immediately.



SIGNATURE OF NURSING HOME ADMINISTRATOR



DATE

Attachment #1

COVID-19 Emergency Staffing Plan

3/25/2020

In case of an emergency, such as a COVID-19 Outbreak, the facility will institute the following process in order to ensure we have adequate staffing to meet the needs of the residents.

1. All Hands on Deck approach for meal service will be initiated (See attached)
2. Scheduling Manager to keep nursing phone list up to date so all current employees can be called for shift coverage.
3. Scheduling Manager will use multiple methods of staffing, including but not limited to:
 - a. Staggered shifts
 - b. Extending nursing shifts from 12 hours to 16 hours
 - c. Changing C.N.A. schedules from 7.5 hour shifts to 12 hour and 15 hour shifts
 - d. Utilizing non clinical staff for non clinical duties
 - i. Passing out drinks
 - ii. Answering call bells
 - iii. Getting supplies
4. Career Staff Unlimited to be on standby with emergency staff
5. Utilizing sister centers staff who do not have Positive COVID19 in their respective centers
6. When authorized by divisional leadership, initiate Alternate Staff Guidelines (see attached)
7. When authorized by divisional leadership, initiate Altered Standards of Care (see attached)

ALL HANDS ON DECK APPROACH TO MEAL SERVICE

The Center Team has the opportunity to create a positive, efficient and safe meal experience as well as assess the need of the patient and residents

1. The All Hands on Deck Center Team may include the following:
 - a. CED, CNE, ALL NURSES, CRC, CNAs
 - b. Food Service Director, Food Service Staff, Dietician
 - c. Recreation, Social Service Staff
 - d. GRS Staff and Restorative Staff
 - e. All Office Staff
 - f. Environmental Service
2. Utilize all your resources: Be creative!
3. Residents can be set up to consume their meals in their doorway as long as six feet between residents/patients is maintained. This allows for cueing, supervision and **SOCIALIZATION.**
4. Non Clinicians can assist in many ways:
 - a. Resident preparation for meals: seating and overbed table set up for in room dining
 - b. Resident hand hygiene pre and post meal
 - c. Assistance with clothing protectors as per resident plan of care
 - d. Tray delivery and set up, preparation and cueing
 - e. Meal consumption documentation
 - f. Meal support service: additional beverages, condiments, alternatives
 - g. Post Meal assistance including tray pick up, collection of clothing protectors, cleaning of resident tables
 - h. Cueing (verbal/visual/tactile)
 - i. Socialize with residents/Reminiscence/Encourage engagement among hall/Use technology to take/ share pictures, etc.
5. Consider developing Dining Teams.
6. Refrain from staff meals during resident meals.
7. Consider staggering Non clinicians and GRS schedules to provide support for evening meals.
8. Utilize GRS to train Non Clinicians
 - a. Utilize GRS live and ondemand training as needed
 - b. Zoom trainings upcoming
 - i. See below
9. Include GRS in the meal service delivery process including feeding residents who require assistance.
 - a. Utilize this time for GRS SLP to train those on altered diets/requiring assistance/modifications/etc
 - i. Feeding & Hydration

- ii. Diet Types
- iii. Feeding Techniques
- iv. Aspiration/Response
- v. Safety/Choking
- vi. Infection control
- vii. Resident Rights/Documentation

- 10. Consider training the dietary staff to assist with tray delivery and tray set up for residents who do not require assistance.
- 11. Consider staggering meal service times.
 - a. Consider dietician in development of an overall Unit plan for priority/approaches/adequate nutrition between meals
 - b. Offer snacks in between meals
 - c. Interprofessional collaboration w SLP for those on caseload that may consume meal/s during therapy on certain days.
- 12. Keep in mind patients on an advanced diet require a licensed nurse/speech therapist and/or C.N.A. to assist them with their meals

ALTERNATIVE STAFF GUIDELINES

Use only at the direction of Divisional Leadership

Definition: Use of volunteers or staff who are not usually involved in patient care to perform basic patient care with supervision.

Shortages of staff during a pandemic may necessitate the use of alternate staff.

Consider use of the following:

- Housekeeping
- Maintenance
- Social services
- Administrative
- Retired or resigned staff
- Trainees or nursing students
- Patients' family members who are in ancillary health
- Volunteers
- Corporate Divisional office staff

Provide training for alternative staff on:

- Infection control measures such as hand hygiene, Standard Precautions, and use of Personal Protective Equipment (PPE).

Develop a plan for supervision of alternative staff.

ALTERED STANDARDS OF CARE (ASC) IN PANDEMIC

In most cases, the order to use ASC will be initiated by state authorities. Following a declaration by the Governor that there is an emergency which is detrimental to the public health, the DPH/HHSD may order adherence to ASC priorities and protocols.

Principles for Allocation of Limited Resources and ASC Protocols

Priority for limited medical resources and ASC protocols will be based upon the allocation of scarce resources to maximize the number of lives saved. This allocation will be:

1. Determined on the basis of the best available medical information, clinical knowledge, and clinical judgment;
2. Implemented in a manner that provides equitable treatment of any individual or group of individuals based on the best available medical information, clinical knowledge, and clinical judgment;
3. Implemented without discrimination or regard to sex, sexual orientation, race, religion, ethnicity, disability, age, income, or insurance status.

ASC protocols will recognize:

- Any changes in practices necessary to provide care under conditions of scarce resources or overwhelming demand for care
- An expanded scope of practice for health care providers
- The use of alternate care sites, at facilities other than health care facilities
- Reasonable, practical standards for documentation of delivery of care

Individual Rights

Civil liberties and patients' rights will be protected to the greatest extent possible; however, it is recognized that the protection of the public health may require limitations on these liberties and rights during an epidemic.

Provider Liability

Health care providers who provide care in accordance with the priorities and ASC protocols, including care provided outside of their scope of practice or scope of license, will be considered to have provided care at the level at which the average, prudent provider in a given community would practice.

Priority Activities for ASC

The term "altered standards" has not been defined, but generally is assumed to mean a shift to providing care and allocating scarce equipment, supplies, and personnel in a way that saves the largest number of lives in contrast to the traditional focus on saving individuals. For example, it could mean applying principles of field triage to determine who gets what kind of care. It could mean changing infection control standards to permit group isolation rather than single person isolation. It could also mean changing who provides various kinds of care or changing privacy and confidentiality protections temporarily.

Because there are no nationally defined altered standards of care, Genesis HealthCare has established the priorities listed below. However, state/federal authorities are in the process of developing altered standards of care which may supersede Genesis priorities.

Nursing:

- Basic personal hygiene
- Use of hospital gowns for residents as opposed to personal clothing to reduce laundry
- Turning
- Toileting
- Feeding
- Medication Pass
- Critical documentation only – fever, change in condition, incidents

Housekeeping:

- Focus on high-touch surfaces such as tabletops, side rails, door knobs, telephones, time clocks, faucets, etc.

Dietary:

- Minimum nutritional requirements for three meals a day
- Therapeutic diets will be evaluated on an individual basis
- Essential documentation only

Social Services:

- Limit activities to current epidemic issues
- Essential documentation only

Laundry:

- Additional shifts may be needed to handle increased demands

Maintenance:

- Suspend preventive maintenance activities to reallocate resources

Recreation Services:

- Suspend activities to reallocate resources

Admissions:

- Limited to only those associated with the current epidemic
- Consider CADs/CTNs, RN Team Leads, Business Development & marketing personnel reallocation to local centers (mandatory for licensed personnel)

Business Office, Human Resources, Central Supply, Medical Records, Clerical Functions:

- Limit to essential functions only to reallocate resources

Attachment #2

Screening Tests for Coronavirus during an Outbreak

June 18, 2020

Screening Tests for Coronavirus - Residents and Staff

Updates to the May 10 version of this guidance appear in RED ITALICS below.

As testing availability has improved, CDC guidance emphasizes the importance of conducting screening tests to identify asymptomatic people who may be infected and contagious. *Although state by state variation exists, and some states have been late to develop complete plans around ongoing screening, **Genesis facilities should at minimum follow this guidance.*** The following important considerations apply ~~(subject to test availability)~~:

- **When an outbreak begins in a nursing home, facility-wide testing is recommended**, to guide safe cohorting of patients.
- **If testing supplies are limited, focus screening on the units with diagnosed cases or symptomatic patients.**
- **Re-test residents who initially test negative in approximately 3-4 days after the initial test**, to detect infection that may have just started at the time of the first test.
- **Re-test previously negative residents weekly until no new cases are identified.**
 - *If resident screening is discontinued, and new cases are subsequently identified on testing symptomatic residents, the above process for facility-wide or unit-wide screening of asymptomatic residents should be resumed.*
 - *This includes initial re-testing 3-4 days later, followed by weekly re-testing until no new cases are identified.*
- **Patients who frequently leave the facility for dialysis and other services should be tested periodically**, at a frequency based on community prevalence. For example, dialysis patients in communities with high coronavirus prevalence might be appropriate for weekly re-testing. (Check with the dialysis unit first, to avoid duplication of testing, in case they are already doing so.)
- **Staff testing is also important to pursue.** Testing of all staff is recommended at the beginning of an outbreak, and periodically thereafter, at a frequency based on

Screening Tests for Coronavirus during an Outbreak

June 18, 2020

community prevalence. For example, centers in communities with high coronavirus prevalence might consider weekly re-testing of staff.

- *Factors to consider in determining the frequency of staff retesting should include:*
 - *Any data available at the local and county level regarding the incidence and prevalence of recent COVID-19 cases in the surrounding community, and whether the trend is increasing or decreasing.*
 - *The percent of screened staff who tested positive in the most recent screening, with more positive cases indicating a need for more frequent re-screening.*
- *Until coronavirus is effectively eliminated from the surrounding community, Centers should target a re-screening frequency of every 1-4 weeks, depending on the above factors.*
- *Regularly scheduled CSU/GSS/HCSG/GRS/GPS staff should be included with employed staff as part of large scale screening tests. Labs should bill testing charges to HCSG for their staff. All other charges for all categories of Genesis staff, including agency staff directly employed by CSU, should be billed to the Center directly (name badges should be used to identify CSU staff directly employed by Genesis).*
- ***Non-employed, full-time caregivers (including non-employed agency staff coming from third-party vendors and working a multi-week contract at a Center) and providers** are included in this guidance and should be screened at the same frequency as employed staff.*
 - *This includes full-time independent physicians, APPs, hospice providers, and all others who are providing care to residents.*
 - *The non-employed caregiver or provider is responsible for obtaining their own screening tests.*
 - *Career Staff will notify all third-party agencies of the Genesis Center test frequency and the need for their staff contracted to work a multi-week assignment to sign an attestation when reporting to work at the center*.*

Screening Tests for Coronavirus during an Outbreak

June 18, 2020

- *Genesis Centers are responsible for*
 - *Notifying all full-time, non-employed caregivers and providers of the current testing frequency (except in the case of third-party vendor agency staff placed by CSU as noted above).*
 - *Obtaining a written attestation during the front-door screening process from each non-employed caregiver or provider that confirms that a negative screening test was performed within the required time period. Medical and Healthcare Provider Attestation of Coronavirus Testing*
- ***Intermittent providers** (including physicians, APPs, hospice staff, lab/x-ray technicians, transportation providers, and specialists) must be screened **every 2 weeks**.*
 - *The non-employed caregiver or provider is responsible for obtaining their own screening tests.*
 - *Genesis Centers are responsible for:*
 - *Notifying all full-time, non-employed caregivers and providers of the “every 2 weeks” requirement.*
 - *Career Staff will notify all third-party agencies of the “every 2 weeks” test frequency requirement and the need for their casual or per diem agency staff to sign an attestation when reporting to work at the Center*.*
 - *Obtaining a written attestation during the front-door screening process from each non-employed caregiver or provider that confirms that a negative screening test was performed within the required time period. Medical and Healthcare Provider Attestation of Coronavirus Testing*
- *Centers are responsible for reviewing Genesis infection control protocols with non-employed caregivers and providers, including specific training in appropriate*

Screening Tests for Coronavirus during an Outbreak

June 18, 2020

PPE use. Medical Providers-COVID-19 Infection Prevention and Control Practices

- *With regard to screening RECOVERED residents or staff, follow state guidance, until more information and data are available on the likelihood of true reinfection. Some states exclude, while others include.*

**Note: Center staff will need to maintain the copies of the attestations as it is anticipated that third-party agencies may request them at a future date.*

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/nursing-homes-testing.html>

Source of Testing

Genesis will continue to work closely with state health departments and private commercial labs to improve the availability of testing supplies, as well as the turnaround time of test results, to better support these objectives. Genesis will also continue to advocate for the necessary government funding to cover the costs associated with expansive and frequent testing of residents, patients and staff.

Options for obtaining testing should be pursued in the following order of preference:

- **Most Preferred:** When available, **state health department laboratories or state-contracted private labs** are the most preferred source of testing.
- **Another Option:** **Local hospital systems** are also often helpful and may be willing to provide testing to our residents and staff, so they should be approached, as well. (This assumes that they will not direct-bill Genesis.)
- **Less Desirable:** If not available through the state or local hospital systems or through hospital labs, **private commercial laboratories** may be an option. In such situations, we need to manage the considerable cost of such testing by ensuring appropriate rates, as well as billing to health insurance. This will require a contractual agreement between the lab and Genesis. Therefore, **prior to using any new commercial labs to conduct wide-scale screening tests of either residents or staff, please contact Michael Cinque michael.cinque@genesishcc.com and Cecilia Sardar cecilia.sardar@genesishcc.com to assist the center in contracting with the new private commercial lab.**

Screening Tests for Coronavirus during an Outbreak

June 18, 2020

Screening Frequency for Non-Employee Medical Providers and Healthcare/Other Personnel

Testing Frequency	Who Does it Apply to?	Signs Attestation?
Same frequency as Center employees (typically every 1-4 weeks)	FULL TIME, non-employee <ul style="list-style-type: none"> • Independent physicians • Independent Advanced Practice Providers (APPs) • Optum APPs • Hospice providers (e.g., hospice aide who spends most of the week in the Center) • Agency staff coming from third-party vendors and working a multi-week contract at a center 	Yes
Every 2 Weeks	INTERMITTENT, non-employee <ul style="list-style-type: none"> • Independent physicians, and APPs who are intermittently in the Center • Hospice providers who enter intermittently (e.g., nurse, social worker, chaplain) • Specialists (e.g., podiatrist, dentist) • Lab/Xray technicians • Casual or per diem agency staff 	Yes
Not applicable	<ul style="list-style-type: none"> • EMS • Delivery Associates (Sysco, Medline, etc) 	No

Screening Tests for Coronavirus during an Outbreak

June 18, 2020

Attachment #3

COVID GUIDANCE "At a Glance"

June 26, 2020

Outdoor Visitation during COVID-19

- Outdoor visitation is **NOT** appropriate for COVID-19 positive and AQU patients.
- Patient access to outdoor spaces should be directly from their own unit.
- Outdoor visitation space must be clearly marked.
- Be sure the patient/resident is prepared to receive visitor(s).
- Patients should be dressed in preferred attire, suitable for weather conditions (properly groomed, weather appropriate).
- *Asymptomatic, COVID-negative patients who regularly travel out for medical appointments or treatments (such as dialysis) who reside in a private room on or off the AQU may participate in outdoor visitation & access the outdoors. These patients must wear a disposable surgical mask at all times when out of their rooms, including outdoor visitation.*

Prior to the visit:

Log of Outdoor Visits

Unit	Visitor	Date	Time	Duration	Notes

- Visitors must be screened prior to entering the visitation area.
- Visitation must be scheduled in advance.
- Visitor(s) must sign Visitor Sign-In Log prior to visit with patients.
- Do not transfer patients across any units of a different COVID status to the visitation area.
- Staff must wear standard facemasks and eye protection during transfer.
- Encourage active movement to and from visitation.
- Ensure all wounds are covered.
- Communicate to visitors any changes in mood and/or condition that may result in the need to minimize duration of visit to reduce any undue anxiety/distress for individuals with dementia.

During visit:

- Social distancing practices must be followed during entry and exit.
- Patients/visitors must be seated 6 feet apart.
- Residents **AND** visitors must wear cloth face masks.
- Visitation must be supervised by a member of the facility staff.
- Tables and chairs must be disinfected between residents and visitors.

If home unit direct access to the outside is not available:

- Enter the outdoor area without crossing through any units of a different COVID status.
- Patients from multiple units may not mix at the same time in the outdoor area, even if properly socially distanced.
- Patients must wear a cloth face mask both to/from the outdoors and while outdoors, while also maintaining social distance from other patients.
- Staff must wear standard facemasks and eye protection.
- Remember hand hygiene when assisting more than one patient to the outside area.

Use of the outdoor area should be scheduled to allow time for:

- Each patient to access the outdoor area, one at a time.
- Social distancing practices must be followed during entry and exit.
- Thorough cleaning and disinfection of outdoor furniture/other touched surfaces between patients.
- Designated outside spaces must be at least 10 feet away from the smoking area.
- While seated, walking, or wheeling patients must remain at least 6 ft apart
- Transport only one patient/resident at a time in the elevator.
- Encourage opportunity for active movement.

COVID GUIDANCE - "At a Glance" (continued)

June 24, 2020

Communal Dining and Mealtime Activities

- Communal dining is not appropriate for COVID positive patients with symptoms and AQU patients.
- Patients from multiple units **may not mix in the same dining area**, even with proper social distancing.
- Patients must wear masks to and from the dining area on all units.
- Staff must wear standard face masks and eye protection. Use contact/airborne precautions and reduce close contact much as possible with residents while dining to the minimum necessary.
- Residents who have outpatient dialysis must stay in room for meals-work with Activities for interactive meal time ideas.
- Ensure familiarity to dining room (e.g., seating arrangements, place cards and familiar table mates) for individuals with dementia.
- *Residents who regularly leave the building for dialysis who reside in private rooms on COVID-naive units off of the AQU may not participate in communal dining on their units. These residents must continue in-room dining.*

COVID naive units

- Patients with **NO** symptoms may have meals in the dining room located on their home unit if:
 - Do not transfer patients across units of a different COVID status to the dining area.
 - Place mask in a paper bag or clean dry napkin - **NOT** on the food plate.
 - Maintain social distancing in the hall and dining area.
 - Tables and chairs must be disinfected between residents.
 - Patients must be seated at separate tables at least 6 feet apart.
 - Remember hand hygiene between assisting multiple patients

COVID positive units

- COVID positive with **NO** symptoms and COVID recovered patients may have meals in the dining room located on their home unit if:
 - **No need** for disposable dishes/utensils.
 - Social distancing of residents is not needed.
 - Encourage active movement to and from the dining area.

Tips for Safety and Mobility

- As we transition to the "new normal" take this opportunity to begin a **culture of mobility**.
- For every patient who is allowed out of room and can weight bear should have a current plan to encourage activity and movement.
- The plan should be part of a goal that the patient cares about (i.e., taking a shower, eating a meal, etc.).
- Mobility helps **DECREASE** risk for falls and pressure ulcers.
- Re-implement outdoor walking schedules for memory support.

Things to consider saying when a family is questioning current restrictions:

- We continue to follow CMS guidelines for nursing homes.
- We are focused on decreasing risk of exposure for patients, residents, staff, and visitors.
- Our Center is evaluating ways to get back to using central showers, group dining, outside space, and outside space for family visits.

Use of Central Showers on Nursing Units

- Patients with symptoms of any COVID status should not be showering in central shower units.
- Each patient wears a cloth mask to and from shower.
- One patient at a time - do not use multiple stalls.
- 15 minutes between patient baths/showers.
- *For individuals with dementia be aware of resident specific bathing schedule and individual shower/bathing preferences, ensure all necessary supplies are present and that the room is set at a comfortable temperature*
- Preparation process for transport of resident/patient to the shower room on all units:
 - Apply a mask to the patient (patient must wear mask when out of room).
 - Staff and patients perform hand hygiene before leaving the patient room.
 - Keep patients at least 6 ft from any patient in the hall.
- PPE as needed per patient's status.
- Shower chairs/beds are cleaned and disinfected between residents/patients.
- Know the dwell time (*all cleaners different*) of the disinfectant your Center is using:
 - Dwell time is the amount of time the disinfectant must sit on the surface after application to kill the bacteria
- Shower room cleaning log (example below) to be maintained each time cleaning takes place.

Shower Room Cleaning Log				
Shower Room location:				
Date	Time	Person	Disinfectant	Dwell Time

AQU Units

- AQU patients have a dedicated shower room for their use only, with cleaning and disinfection of high-touch surfaces performed between each resident's shower.

COVID Positive-patients with NO symptoms ONLY

- Patients should only shower on COVID-positive home unit.
- *Do not cross through units of different COVID status to get to shower room.*
- Shower room and high-touch surface should be disinfected between each shift in which showers are conducted

COVID Naive/COVID Recovered

- *Do not cross through any other units to get to shower room.*
- Patients waiting to shower wait in their rooms and are accompanied to the shower by a staff member.
- Thorough disinfection of shower rooms with an approved EPA List N disinfectant must be performed **between each shift** in which showers are conducted.

COVID GUIDANCE - "At a Glance" (continued)

June 24, 2020

Communal Recreation

- Patients that have outpatient dialysis must **ONLY** do in-room leisure activities.
- Communal Recreation is not appropriate for patients on the AQU Unit.
- Patients may not use a communal recreation area on another unit.
- Patients from multiple units may not mix in the same area, even if properly socially distanced.
- Patients must wear cloth masks to and from the communal activity area.
- Maintain proper distancing between patients in the hallway and in the dining room..
- Staff assisting residents to the communal area must wear standard face masks and eye protection..
- Bring patients to the communal area one at a time for seating.
- Ensure thorough cleaning and disinfection in between recreation programs.
- Staff must wear standard face masks and eye protection. Use contact/airborne precautions and reduce close contact much as possible with residents while dining to the minimum necessary.
- For individuals with dementia, be mindful of their best time of day for engagement opportunities.
- Ensure parallel in room program opportunities for individuals with dementia not attending scheduled group.

COVID naive units

- | | |
|---|--|
| <ul style="list-style-type: none"> • Patients with NO symptoms may participate in communal area activities on their home unit if: | <ul style="list-style-type: none"> • Do not transfer patients across units of a different COVID status to the communal activity area. • Patients must be seated at least 6 feet from each other. • If tables are used, there should only be one patient at a table. • Remember hand hygiene between assisting multiple patients. |
|---|--|

COVID positive units

- | | |
|---|--|
| <ul style="list-style-type: none"> • COVID positive with NO symptoms and COVID recovered patients <u>may</u> use communal activity areas located on their home unit if: | <ul style="list-style-type: none"> • Remember proper infection control practices. • Transmission-based precautions must be followed. |
|---|--|