Getting back to a healthier life, and back home quicker.

We apply an interdisciplinary approach designed to stabilize and manage cardiac conditions to transition patients back home quickly. Our team of experienced cardiac professionals will assist in achieving patient goals on their journey back to a healthier life. It’s all part of our mission of vitality.

**Genesis HealthCare**

As the nation’s leading provider of healthcare services from short-term to long-term and a wide variety of living options and professional clinical services, Genesis HealthCare focuses on the vitality of the person. How and where we can make a difference in the overall well-being and healthy outlook of everyone we serve is our daily mission.

- PowerBack Rehabilitation
- ShortStay
- LongTerm
- Memory Support
- Senior Living
- Independent Living

For placement or admission to one of our locations, please call: 866-745-2273
genesishcc.com
Genesis Cardiac Management

Cardiac Management at Genesis is designed to meet the individual medical and subacute rehabilitation needs of patients with a variety of cardiac diagnoses. These services have been developed in collaboration with local cardiologists, referring physicians and local hospitals. Services include:

- Cardiology rounds with consulting cardiologist
- Clinical staff specially trained in cardiac care
- On-going interdisciplinary clinical team meetings
- Lab testing & EKG / X-ray 24/7
- Specialized cardiac diets and nutrition management
- Respiratory therapy services
- Follow-up phone calls after discharge
- Collaboration with hospital outpatient rehab program
- Specialty rehabilitation services in cardiac care

Services and amenities vary by location.

Interdisciplinary teams provide greater success for the whole person

Coordination among the whole spectrum of specialties helps patients towards a healthier lifestyle and back home quicker.

- Consulting cardiologist
- Medical director
- Nurse practitioner/physician assistant
- Rehabilitation therapist - physical, occupational and speech
- Respiratory therapist
- Dietitian
- Primary nursing team
- Social services
- Case management
- Recreation services

Cardiac management across a wide array of diagnoses

From post-operative therapies to new technologies, Genesis provides expert cardiac management.

- Post cardiothoracic surgery
- Post cardiac stent
- Observation post pacemaker
- Post myocardial infarction
- Coronary artery disease (CAD)
- Congestive heart failure (CHF)
- Implanted cardioverter/defibrillator (ICD)
- Life vest monitoring
- Post ablation (non-monitored)
- LVAD Recipients

Educating patients, families and caregivers

Adapting to cardiac disease may take some time for patients, families and caregivers. That’s why Genesis offers individualized and group education sessions on a variety of topics:

- Nutrition
- Exercises for a heart healthy lifestyle
- Stress management
- Medication management
- Recognizing cardiac risk factors